



Reading Girls Cross Country Tryouts



Will begin on Wednesday, October 20th, 2021. Tryouts will start promptly at 7am. You need to be dropped off at the Reading Jr. High bus porch no later than 6:45 am. Please bring a water bottle and come dressed out in your gym clothes (Reading athletics shirt and maroon shorts).

Morning tryouts will be from 7am-8:00am.

We will be recording your run times on Wednesday, Thursday and Friday.

Athletes who would like to try out for the team must meet the following criteria:

- Run up to 2 miles.
- You must have a physical on file with us.
- Complete ALL the Rank One online paperwork.
- More information can be found on the Cross Country Webpage under Reading Athletics
- If you are unsure if this is complete you need to contact Coach Jackie Garcia-Rameau @ jgarcia-rameau@lcisd.org

Cross Country meets will all be after school starting at 4:30pm and consist of running up to two miles. The top 5 scores will be counted for each school and each grade level. For example, out of the 7th graders chosen to run a meet, the top five of those scores will be counted towards the teams' overall score.

November 4 - @ Terry HS (Reading and George)

November 11 - @ Foster HS

November 18 - @ George Ranch HS

Girls District Meet: November 30 - @ Seabourne Creek Park

Boys District Meet: December 2 - @ Seabourne Creek Park

