



**accesshealth**™

[www.myaccesshealth.org](http://www.myaccesshealth.org)



The stress is unbearable!  
I can't take much more!



My father died 2 years ago and I just can't shake the sadness!



I feel down all the time.

Ever since the dog attack, I panic every time I see a dog!



My son always seems angry!



My husband and I barely speak anymore.



**Does this sound like you or your family?**

# You Are Not Alone!

Access Health offers counseling and case management services to persons dealing with emotional difficulties, including depression, anxiety, relationship and family concerns, life stressors, and school behavior problems, among others. We want to ensure whole person health—addressing emotional concerns, coordinating psychotropic medications, and linking clients with other community resources as needed.

## Children | Adolescents | Adults

### RICHMOND CENTER

400 Austin St.  
Richmond, TX 77469  
(281) 342 - 4530

### MISSOURI CITY CENTER

307 Texas Parkway, Ste. 100  
Missouri City, TX 77489  
(281) 969 - 1800

*\*\*Spanish Speaking Staff Available*

**SCHEDULE YOUR FIRST APPOINTMENT TODAY!**

We accept most major insurance plans, Medicaid, Medicare and Children's Health Insurance Plan (CHIP). We also operate on a sliding scale fee for those who qualify.

