



FULSHEAR CHARGERS

STRENGTH & CONDITIONING

SUMMER 2017

Who: Incoming 9th, 10th, & 11th Grade Fulshear Charger Athletes

Dates: Mon – Thurs for the weeks of:

June 12th, June 19th, June 26th, July 10th, July 17th, July 24th

Time: Female Athletes 8:00am – 10:00am

Male Athletes 9:00am – 11:00am

Where: Fulshear High School Fieldhouse Weight Room

Bring: Please wear shorts, tennis shoes, bring cleated shoes, and sunscreen.

Cost: \$50 Checks payable to **CFHS#4** or register online at:

www.fulshearathletics.com

Questions: oschlor.flemming@lcisd.org

REGISTRATION FORM

Name: _____ 2017/18 Grade: _____ Sport: _____

Address: _____

Parent/Guardian: _____ Email: _____

Contact Phone 1: _____ Contact Phone 2: _____

RELEASE FORM:

Athletes will be supervised at all times during camp operation while on the field/court or in the weight room. Every precaution will be taken to ensure the safety of your child while participating in this program. I hereby authorize the directors of the Fulshear High School program to act for me in accordance with their judgement in any emergency requiring medical attention, I further waive and release the camp coaches, staff members and L.C.I.S.D. from any liability for damages from injuries or illness. I know of no mental or physical condition which may affect my child's ability to participate in the football camp. I understand the above-mentioned conditions, and my child has my permission to participate in the activities planned for the 2017 Fulshear High School Summer Strength & Conditioning Program. **THIS ORGANIZATION AND ITS ACTIVITIES ARE NOT RELATED TO OR SPONSORED BY LAMAR CONSOLIDATED ISD.**

Parent/Guardian Signature: _____ Date: _____